

**Top Ten reasons why you should want to coach:**

- 1. I know this sport and want to share my expertise.**
- 2. I want to make a difference in someone's life.**
- 3. I enjoy working with kids.**
- 4. I love this sport and want to share my enthusiasm.**
- 5. I want to have fun.**
- 6. I know I can do a good job.**
- 7. I want to be a positive role model.**
- 8. I enjoy being responsible and in charge.**
- 9. I like challenge.**
- 10. I love to teach and see kid's improve.**

**Top Ten reasons NOT to coach:**

- 1. I need respect**
- 2. I want to show off my athletic talents.**
- 3. I want to make money.**
- 4. I want to be famous.**
- 5. I want to make sure my kid is the star.**
- 6. I want everyone to like me.**
- 7. No one else will do it.**
- 8. I need some friends.**
- 9. I want to be in control of others.**
- 10. I think I am God.**

**Ten "Things" to put in your coaching bag:**

- 1. Patience**
- 2. Enthusiasm**
- 3. Commitment**
- 4. Self-control**
- 5. Flexibility**
- 6. A solid sense of values**
- 7. Empathy**
- 8. Consistency in Discipline**
- 9. Knowledge**
- 10. Communication**