U17 - U19

Ball Size:	5
Field Size:	120 yd x 75 yd (TYP)
Time Periods:	2 x 45 Minute Halves
Rest Periods:	5 minutes at halftime
Substitutions:	 At possession throw in At opponent throw-in, only if your opponent is making a substitution Any goal kick Any kick off For injured player (opponent may substitute) Player receiving a yellow card Discretion of the referee
Total Players:	11 (May play with 7)
Goalkeeper:	Yes
Throw-Ins:	Yes
Throw-In Attempts:	1
Direct Free Kicks:	Yes (Goal may be scored directly from free kick)
Indirect Free Kicks:	Yes (Goal may not be scored directly from free kick)
Free Kick Distance:	10
Offside:	Yes
Misconduct:	Yes (Yellow and Red Cards)
Notes:	Player passes may be checked against roster